

**February 1 - April 2 2021 Pool Schedule**

**LAP POOL**

**RECREATIONAL POOL**

LAP Pool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	REC Pool		
5:30-6:00						<b>C</b>	<b>C</b>									5:30-6:00		
6:00-6:30																		6:00-6:30
6:30-7:00																		6:30-7:00
7:00-7:30																		7:00-7:30
7:30-8:00																		7:30-8:00
8:00-8:30											Arthritic Aquafit	Forever Fit	Arthritic Aquafit	Forever Fit	Arthritic Aquafit			8:00-8:30
8:30-9:00											Arthritic Aquafit	Forever Fit	Arthritic Aquafit	Forever Fit	Arthritic Aquafit			8:30-9:00
9:00-9:30	L	L	L	L	L													9:00-9:30
9:30-10:00	A	A	A	A	A						Arthritic Aquafit	Aqua Tabata	Arthritic Aquafit	Forever Fit	Arthritic Aquafit			9:30-10:00
10:00-10:30	P	P	P	P	P						Arthritic Aquafit	Aqua Tabata	Arthritic Aquafit	Forever Fit	Arthritic Aquafit			10:00-10:30
10:30-11:00																		10:30-11:00
11:00-11:30												Water Aerobics		Water Aerobics				11:00-11:30
11:30-12:00																		11:30-12:00
12:00-12:30											Aqua Dance			Aqua Dance				12:00-12:30
12:30-1:00																		12:30-1:00
1:00-1:30																		1:00-1:30
1:30-2:00																		1:30-2:00
2:00-2:30																		2:00-2:30
2:30-3:00																		2:30-3:00
3:00-3:30											P&T	P&T		P&T	P&T			3:00-3:30
3:30-4:00									A	A	Aqua Dance	C	B			3:30-4:00		
4:00-4:30																4:00-4:30		
4:30-5:00	LAP	LAP	LAP	LAP	LAP					B		D				4:30-5:00		
5:00-5:30																5:00-5:30		
5:30-6:00																5:30-6:00		
6:00-6:30		E	F	E	F											6:00-6:30		
6:30-7:00																6:30-7:00		
7:00-7:30		F		F												7:00-7:30		
7:30-8:00																7:30-8:00		
8:00-8:30																8:00-8:30		
8:30-9:00																8:30-9:00		
9:00-9:30																9:00-9:30		

**Lap Swim** - Swimmers must stay in a their own lane, no lane sharing is allowed. **MUST RESERVE LANE AHEAD OF TIME**

**MUST BE 9-13 (WITH PARENT PRESENT) OR OLDER. MUST LAP SWIM ONLY.**

**Aquatics Group Ex** - Swimmers must keep 6 feet of distance at all times. **MUST RESERVE SPOT AHEAD OF TIME**

**Swim Lessons**